

Indian Health Service All Tribal and Urban Indian Organization Leaders Call

MARCH 3, 2022



Opening Remarks



ELIZABETH FOWLER
ACTING DEPUTY DIRECTOR
INDIAN HEALTH SERVICE



Indian Health Service

National Health Coach Pilot Project

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PUBLIC HEALTH ADVISOR



Health coaching in Indian Country

The purpose of this project is to build on the Indian Health Service Bemidji Area Office of Health Promotion Disease Prevention's program that provided health and wellness coach training for practitioners from May 2012 through April 2016.

The National Health Coach Pilot Project will train community and health professionals in health and wellness coaching skills that support increased knowledge with client-centered strategies for improving health behaviors and outcomes.

Breyen, Jill, "Health And Wellness Coaching Utilization And Perspectives Of Health Practitioners Working In American Indian Communities" (2017).
Theses and Dissertations. 2176.
<https://commons.und.edu/theses/2176>

<https://www.ihs.gov/dccs/nhcpp/healthcoaching/>



Key awareness and finding to build on

In addressing lifestyle-related chronic disease, apathy and overcoming resistance with adopting active lifestyles requires skill sets and new approaches for setting in motion new habits. Building self-confidence knowledge and helping participants transcend engrained self-defeating habits, requires meeting people where they are at, thus, this requires creating programs and engaging participants that lead to sustained well-being.

“Yet much larger implementation efforts for health and wellness coaching are needed since most health professionals are not trained nor paid to support patient engagement and health behavior change as a means of treating and preventing chronic disease.”

P. 527 Sage Handbook of Coaching, Wolever, Moore and Jordan, 2017



Indian Health Service

Description

The 2021-2024 National Health Coach Pilot Project will train community health representative (CHRs) and health professionals in health and wellness coaching skills that supports increased knowledge with client-centered strategies for improving health behaviors and outcomes for community paraprofessionals and health educators.

Desired Outcomes (data collection/evaluation)

Two cohorts of 50 participants each, total of 100 participants
National Board Certified Health Coaches
Assess feasibility of establishing a health and wellness coach and behavior change approach at the community and clinical levels. Desired
Health care integration of reimbursement strategies for community health workers/educators with approved Category III CPT Codes for health and well-being coaching services.

Why Coaching in Healthcare?

Improve patient health
Improve patient experience
Improve provider experience
Accreditation

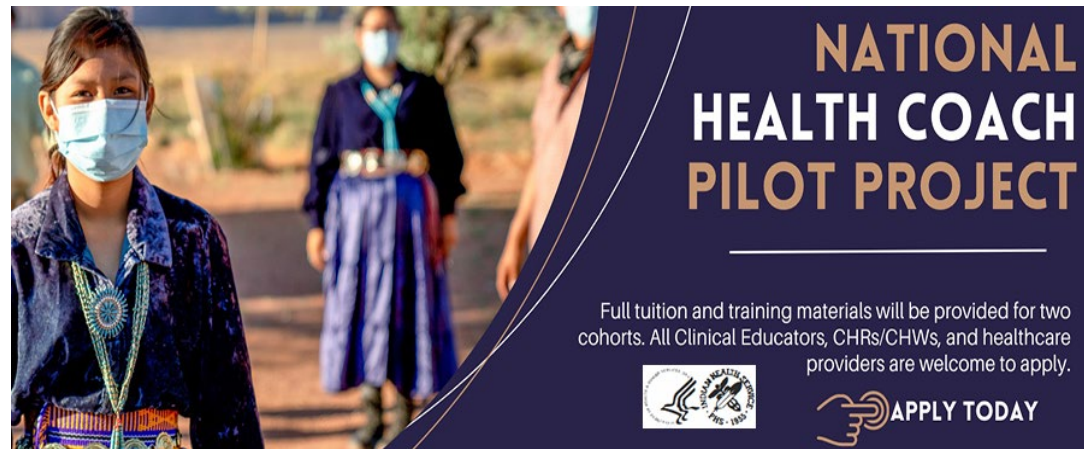
What is health coaching?

The health and wellness coaching field is an emerging discipline that champions healthy behavior changes as a means of avoiding, reducing the incidence, or lessening the effects of chronic lifestyle-related diseases such as heart disease and diabetes. Health and wellness coaches are experts on human behavior, motivation, and health. They are “change agents” who help their clients set and achieve health goals and build new habits.





Is health coaching training right for you?

- Are you passionate about health and wellness?
- Do you have a desire to help others achieve their health and wellness goals?



**NATIONAL
HEALTH COACH
PILOT PROJECT**

Full tuition and training materials will be provided for two cohorts. All Clinical Educators, CHR/CHWs, and healthcare providers are welcome to apply.



Links

[National Health Coach Pilot Project](#)

[How to Apply](#)

[IHS launches pilot project to strengthen health status of American Indians and Alaska Natives](#)



Contact Information

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IHS COVID-19 Vaccine Task Force Update

RADM FRANCIS FRAZIER

OFFICE OF PUBLIC HEALTH SUPPORT

INDIAN HEALTH SERVICE



IHS Vaccine Task Force Activity

Two FDA & CDC Fully Approved COVID-19 Vaccines

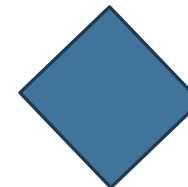
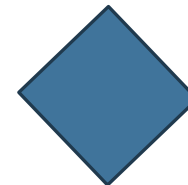
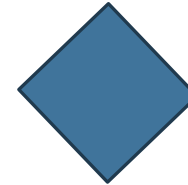
- Pfizer (Comirnaty®) vaccine fully approved age 12+
- Moderna (Spikevax®) vaccine fully approved age 18+
- Boosters, additional doses and children 5-11 years are authorized under an Emergency Use Authorization (EUA)

Vaccination Rates and Boosters

- Vaccines are widely available across Indian Country
- Vaccination rates continue to increase for all ages
- Daily workload
 - Ages 5-11 yrs account for 17% of daily workload
 - Boosters account for 41% of daily workload
- Targeted outreach is one of the most effective tools

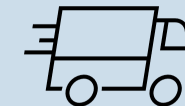
Distribution

- Ample supply available of Pfizer, Moderna, Janssen/J&J
- Awaiting Pfizer EUA for children < 5 years: April 2022
 - Anticipate ample supply to meet IHS needs



355

I/T/Us receiving vaccine from IHS



2.8 million

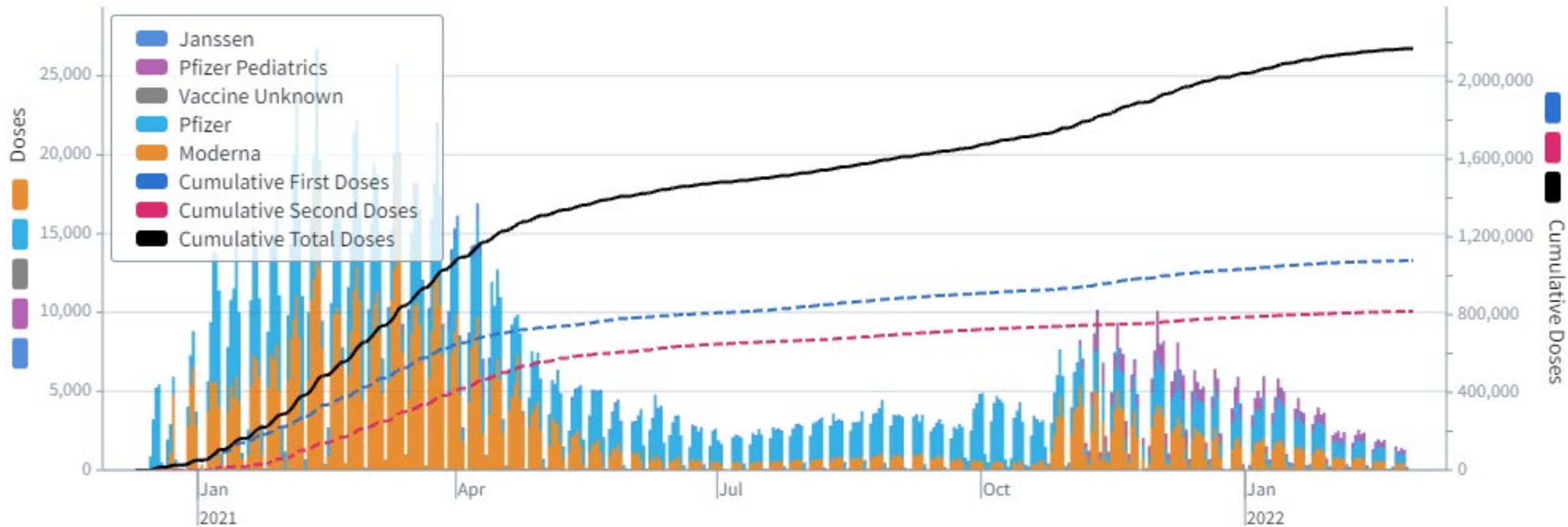
Doses Delivered



Over 2.16 Million Doses Administered!



Vaccination Efforts in Indian Country



American Indian/Alaska Native Vaccination Rates

- Data reflective of 2/27/22 for I/T/Us that selected the IHS jurisdiction for vaccine distribution.

| AI/AN Age Group | Received at Least One Dose | Fully Vaccinated | % Fully Vaccinated Who Received a Booster |
|-----------------|----------------------------|-------------------|-------------------------------------------|
| Age 18+ | 72% (614,267) | 56% (477,722) | 39.1% (186,641) |
| Age 12-17 | 46.9% (68,465) | 35.9% (52,357) | 15.1% (7,890) |
| Age 5-11 | 19% (34,407) | 13.7% (24,767) | N/A |

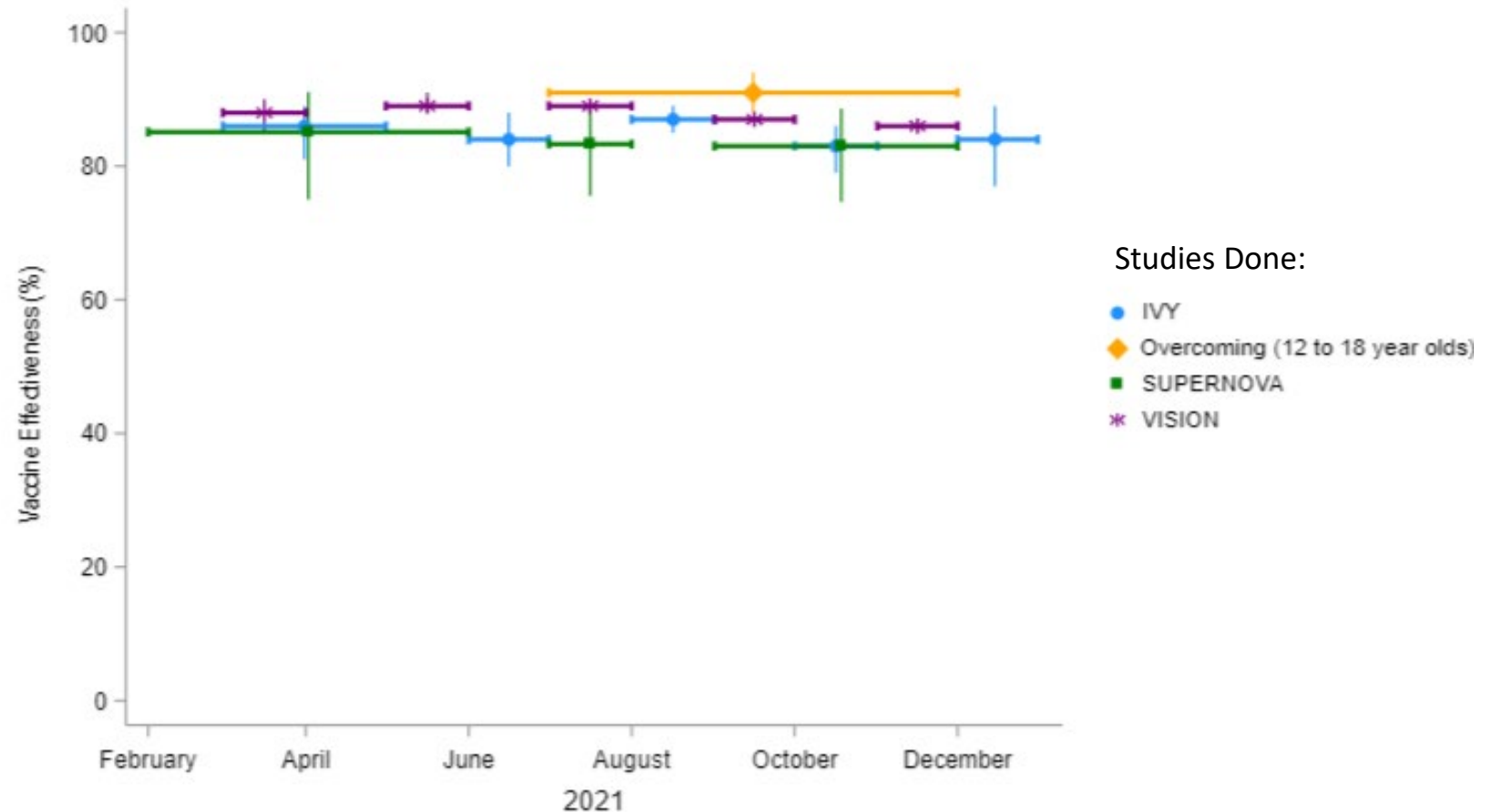
Data Limitations:

- A significant number of administered doses have been given to “Unknown Race”. Areas are actively working to determine if race data can be recovered.
- Some AI/AN patients may have been vaccinated outside of IHS facilities that chose the IHS for vaccination; these doses are not reflected in this data.

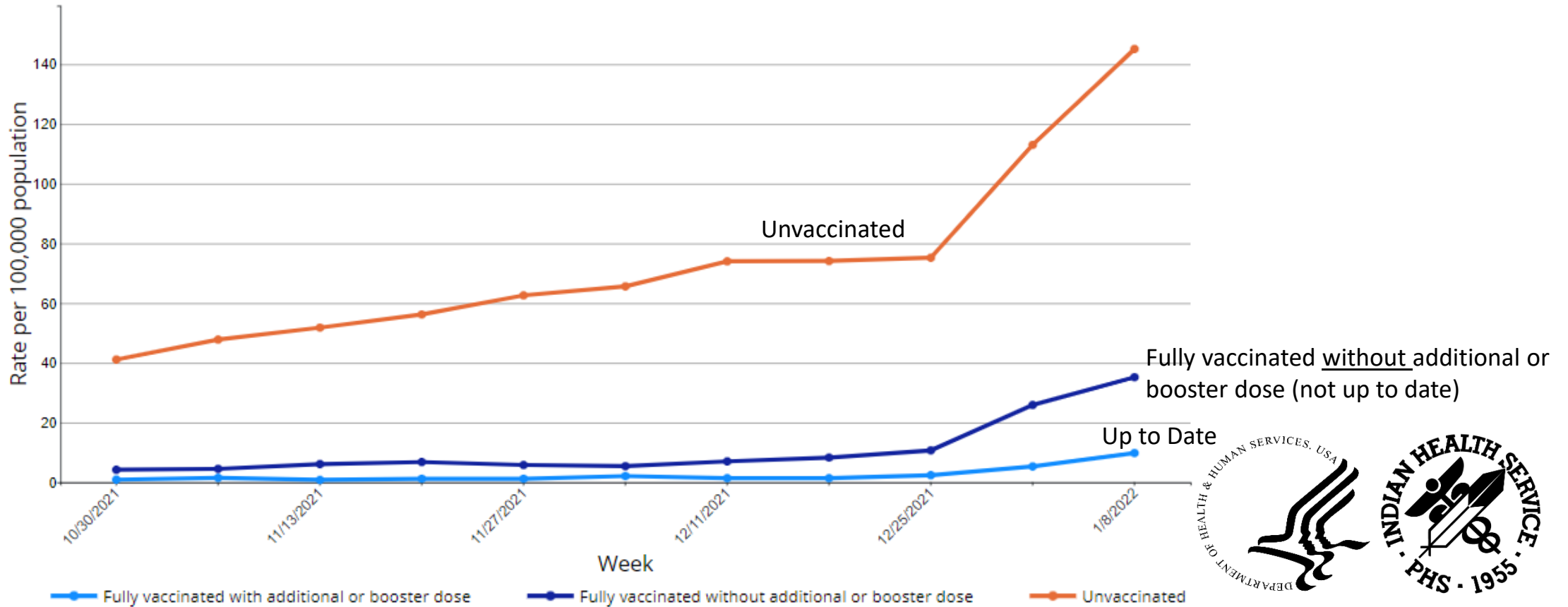


Primary Series Effectiveness - Hospitalization

- Various studies show that, a primary series remains over 80% - 90% effective at preventing hospitalizations throughout 2021
 - Omicron surges did impact effectiveness beginning in December 2021, but vaccines remained very protective



Age-Adjusted Rates of COVID-19-Associated Hospitalizations by Vaccination Status in Adults Ages ≥18 Years, October 2021–January 2022



Rates of Hospitalizations in January 2022

44x Higher in Unvaccinated Adults Ages 18 Years and Older

30x Higher

in Unvaccinated Adults
Ages 18-49 years

45x Higher

in Unvaccinated Adults
Ages 50-64 years

51x Higher

in Unvaccinated Adults
Ages 65 Years and Older

8x Higher

in Unvaccinated Adolescents
Ages 12-17 Years

Overall Message: COVID-19 primary series, additional doses and boosters are critical to maintaining protection from severe outcomes and hospitalization



COVID-19 Vaccines are Safe and Effective

- Vaccination remains the most effective tool for prevention of severe outcomes, including hospitalization and death.
- Boosters increase protection – active engagement needed to call patients in for doses
- As cases are beginning to decrease, staffing levels may return back to usual and allow for additional attention to vaccination efforts
- Workload can shift to back to targeted outreach for vaccines and boosters
 - Assessment of vaccination status at every visit
 - Auto-dialer, phone calls or letters to individuals due for first, second or booster doses
 - Invite families in and address all their vaccine needs at the same visit
 - Work with specialists to address the unique needs of people with weakened immune systems
 - Reinvigorate community outreach – meet people where they are
 - Community events (basketball games, pow wows, rodeos)
 - Schools and afterschool programs, Boys & Girls Club, Cub Scouts, Girl Scouts
 - Community centers, elder care, food banks



Looking Forward – Potential Expansions

- Pfizer-BioNTech for pediatrics age 6 months to < 5 years
 - FDA's Advisory Committee meeting postponed to allow more time to evaluate additional data, including the ongoing evaluation of a third dose
 - The Pfizer <5 EUA submission will likely be revisited in April 2022
- Moderna age expansion
 - 6 months to 5 years and 6-11 years: timeline unknown
 - Adolescents 12-17 years: Pending FDA review – possibly next few months



IHS COVID-19 Vaccine Resources

- IHS Webpage: www.ihs.gov/coronavirus/vaccine
 - COVID-19 Vaccine General Page
 - Promotional Materials
 - FAQs
 - Example Competency Exams
 - COVID-19 Vaccine Distribution Page
 - Facilities receiving vaccine from IHS and weekly administration and distribution by Area

The screenshot shows the Indian Health Service (IHS) website. At the top, the IHS logo is on the left, and the text "Indian Health Service" and "The Federal Health Program for American Indians and Alaska Natives" is on the right. Below this is a red banner with the text "The Indian Health Service continues to work closely with our tribal partners to coordinate a cor...". A navigation menu includes "About IHS", "Locations", "for Patients", "for Providers", "Community Health", and "Careers@IHS". The main content area has a breadcrumb trail: "Coronavirus (COVID-19) / COVID-19 Vaccine". A left sidebar lists various resources: "Coronavirus (COVID-19)", "FAQs - Federal Response in Indian Country", "Hand Sanitizer Safety", "News", "Resources", "COVID-19 Vaccine Data Management", "COVID-19 Vaccine" (highlighted), "COVID-19 Vaccine Distribution", "IHS, Tribal and Urban Indian (I/T/U) Organization Resources", and "Contacts". The main content area features the heading "COVID-19 Vaccine" and "IHS COVID-19 Vaccine Plan". Below this, it states "On November 18, 2020, IHS issued the [IHS COVID-19](#)". A box titled "IHS COVID-19 Promotion Material" contains the text "The IHS has developed materials to provide informa... been designed to reflect diverse environments wher" and a blue button labeled "See the Materials". At the bottom, the text "IHS Consultation and Confer" is visible.



Replace this box with your organization's logo here

Let's Do Our Part

When more American Indian and Alaska Native people living on tribal lands and living in urban areas wear masks and practice physical distancing, we help reduce the chance of being exposed to the virus that causes COVID-19 and spreading it to others. More can be done to protect ourselves by getting vaccinated.

All COVID-19 vaccines currently available in the United States have been shown to be highly effective at preventing severe illness, hospitalization, and death due to COVID-19, including from the Delta variant.

COVID-19 vaccines are carefully evaluated in medical studies involving thousands of participants. They are authorized or approved only if they are proven to be safe and decrease the chance that you will get COVID-19.

Getting vaccinated yourself may also protect people around you, particularly people at increased risk for severe illness from COVID-19.

Customizable Posters & Flyers



Replace this box with your organization's logo here

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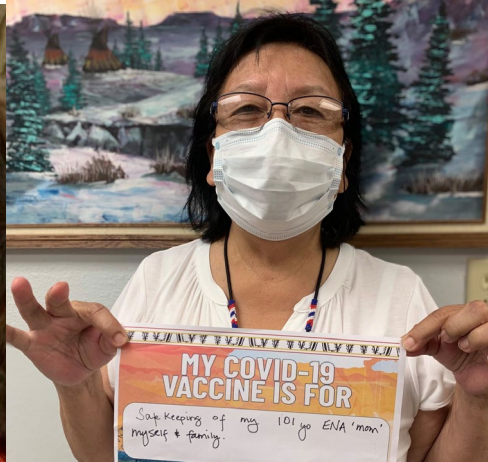
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[Let's Do Our Part AI/AN Posters](#) can be customized
Available options: NE, NW, Plains, SW and All Regions



LET'S REACH COMMUNITY IMMUNITY!

PROTECT
YOURSELF. YOUR FAMILY. YOUR ELDERLS.

GET VACCINATED



Keep up your protection against COVID

Give your COVID-19 vaccination protection a boost

Thank You!
The IHS Vaccine Task Force

CDC COVID-19 Community Levels Update



DEBRA LUBAR, PHD

PRINCIPAL DEPUTY INCIDENT MANAGER

CDC COVID-19 RESPONSE



Next Tribal Leader and UIO Leader Call:

Thursday, April 7, 2022

